




September 2009

Parent Involvement Family Fun Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Cuddle up and read (turn off the TV)	2 Ask the kids to make a grocery store list, let them help shop	3 let the kids help make the "recipe of the month" by rolling up the cereal sticks	4 Play some board games with the kids	5 Take the kids to a lake or river and take pictures of all the wildlife
6 Take a bike ride with the kids, go get an ice cream cone	7 Labor Day Ask the family to pitch in by cleaning the house & yard	8 Write a letter to a soldier, have some class mates write one too	9 "Theme Night" Italian pasta, with a nice salad and garlic bread	10 Let the kids help make Cupcakes by measuring, stirring and pouring	11 Family Friday!! Watch your favorite TV show together	12 Feed the squirrels by mounting ears of corn to your trees
13 Grandparents Day - visit a retirement community and say hello	14 Everyone help sort the laundry by owner, item, color	15 Take the kids to the library and learn about an Ancient Scholar	16 Everyone eat supper, clear the table and do the dishes together	17 Have fresh strawberries with shortcake for desert tonight	18 Make a "word search puzzle" use the name of some schools and colleges	19 Visit the many 4-H exhibits and animals at your local fairgrounds
20 Everyone... help wash the cars, bicycles, tricycles and wagons today	21 International Day of Peace Display a random act of kindness today	22 The first day of Fall - look for all the different kinds of leaves in your neighborhood	23 Make pizza's with English muffins, use healthy items for toppings	24 Put some cream cheese or peanut butter on fresh celery stalks, ask the kids to help	25 Go outside and play some "Simon Says!!"	26 See some "Schools" of fish at a local aquarium, a huge Pet or Fish Store
27 Go to your neighborhood park and play some ball	28 Ask the kids to gather all their shoes and clothes that don't fit, give to the Salvation Army	29 Everyone discuss a new book	30 Serve some raw veggies and a healthy dip with supper			



Snack Time Recipe of the Month "Cereal Sticks"

- 1/2 Cup butter
- 1 Cup sugar
- 2 Eggs
- 1 Tsp. vanilla
- 2 1/2 Cups of whole wheat flour
- 1/4 Tsp. baking soda
- 1/4 Cup of wheat germ
- 1/2 Cup or more of Grape-Nuts or Granola. (Nuts or raisins optional)

Blend first 6 ingredients ,wheat germ and 1/4 cup of cereal.. If dough is too soft, add more flour. Roll small piece of dough into stick, roll the stick in extra cereal to coat. Place on lightly greased baking sheet and bake at 400 for 8 min. or until slightly brown.
Keep stored in sealed container.

Early Learning Coalition
of Florida's Heartland, Inc.